

Swimming Pool Timetable



Monday 13 October									
TIME	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Diving Pool	Sauna	TIME
0630 - 0930									0630 - 0930
0930 - 1030									0930 - 1030
1030 - 1130									1030 - 1130
1145 - 1215									1145 - 1215
1215 - 1415									1215 - 1415
1415 - 1515									1415 - 1515
1515 - 2000									1515 - 2000
2000 - 2100									2000 - 2100

Tuesday 14 October									
TIME	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Diving Pool	Sauna	TIME
0630 - 0930									0630 - 0930
0930 - 1030									0930 - 1030
1030 - 1045									1030 - 1045
1045 - 1145									1045 - 1145
1145 - 1400									1145 - 1400
1400 - 1515									1400 - 1515
1515 - 2000									1515 - 2000
2000 - 2100									2000 - 2100

Wednesday 15 October									
TIME	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Diving Pool	Sauna	TIME
0630 - 0930									0630 - 0930
0930 - 1000									0930 - 1000
1000 - 1100									1000 - 1100
1100 - 1130									1100 - 1130
1130 - 1500									1130 - 1500
1500 - 1600									1500 - 1600
1600 - 1800									1600 - 1800
1800 - 1900									1800 - 1900
1900 - 1945									1900 - 1945
1945 - 2100									1945 - 2100

Thursday 16 October									
TIME	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Diving Pool	Sauna	TIME
0630 - 0930									0630 - 0930
0930 - 1200							10am-11am		0930 - 1200
1200 - 1400									1200 - 1400
1400 - 1430									1400 - 1430
1430 - 1600									1430 - 1600
1600 - 2000									1600 - 2000
2000 - 2100									2000 - 2100

Friday 17 October									
TIME	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Diving Pool	Sauna	TIME
0630 - 0730									0630 - 0730
0730 - 0815									0730 - 0815
0815 - 0930									0815 - 0930
0930 - 1130									0930 - 1130
1130 - 1600									1130 - 1600
1600 - 1800									1600 - 1800
1800 - 2000									1800 - 2000
2000 - 2100									2000 - 2100

Saturday 18 October									
TIME	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Diving Pool	Sauna	TIME
0900 - 1300									0900 - 1300
1300 - 1730									1300 - 1730

Sunday 19 October									
TIME	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Diving Pool	Sauna	TIME
0900 - 0945									0900 - 0945
0945 - 1030									0945 - 1030
1030 - 1130									1030 - 1130
1130 - 1230									1130 - 1230
1230 - 1330									1230 - 1330
1330 - 1730									1330 - 1730

	Open Swim
	Lane Swim
	Student Clubs
	Schools
	Swim Lessons
	Family Swim
	Aqua Jog Class
	Event Booking
	Training/Maint/Closure

Diving Times		
Mon	1300 - 1400	1700 - 1800
Tues	1300 - 1400	1700 - 1800
Weds	1300 - 1400	1700 - 1800
Thurs	1300 - 1400	1700 - 1800
Fri	1300 - 1400	
Sat	1500 - 1600	
Sun	1500 - 1600	

*All other times are for Aqua Jogging

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***Please note Sauna closes at 9pm on weekdays (Tuesday 8pm) & at 530pm on weekends**

Programme subject to changes.